OFERTA DE ACTIVIDADES S24 ALBACETE

LUNES			MARTES			MIERCOLES			JUEVES			VIERNES		
HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA
09:15	CORE	SF	09:00	SYNRGY	SF	08:45	PILATES	S1	09:15	CORE	SF	09:00	SYNRGY	SF
09:30	BODY PUMP	S1	09:30	GLUTE & DANCE	S1	09:30	BODY PUMP	S1	09:30	BODY COMBAT	S1	09:30	BURN	S1
10:15	FLEX	SF	10:15	YOGA	SF	10:15	FLEX	S1	10:15	FLEX		10:00	FLEX	S1
11:00	BIKE VIRTUAL	SB	11:30	BIKE VIRTUAL	SB	11:00	BIKE VIRTUAL	SB	11:30	BIKE VIRTUAL	SB	11:00	BIKE VIRTUAL	SB
14:15	BIKE VIRTUAL	SB	15:00	BIKE VIRTUAL	SB	15:00	BIKE VIRTUAL	SB	14:15	BIKE VIRTUAL	SB	15:00	BIKE VIRTUAL	SB
17:45	CORE	SF	17:30	BURN	S1	17:45	CORE	SF	17:30	SYNRGY	SF	18:00	BIKE VIRTUAL	SB
18:00	GLUTE & DANCE	S1	18:00	BODY PUMP	S1	18:00	BODY COMBAT	SF	18:00	BIKE XPRESS	S1	20:00	BIKE VIRTUAL	SB
18:45	PILATES	S1	19:00	FLEX	S1	19:00	FLEX	S1	18:30	BIKE VIRTUAL	SB			
19:15	BIKE VIRTUAL	SB	19:30	SYNRGY	SF	19:30	GAP	S1	18:45	YOGA	S1			
19:45	BODY PUMP	S1	20:30	BIKE VIRTUAL	SB	20:30	BIKE VIRTUAL	SB	19:30	BODY PUMP	S1			
20:30	FLEX	SB							20:30	FLEX	SB			