



# HORARIO DE ACTIVIDADES

LUNES		MARTES		MIÉRCOLES		JUEVES		VIERNES	
HORA	ACTIVIDAD	HORA	ACTIVIDAD	HORA	ACTIVIDAD	HORA	ACTIVIDAD	HORA	ACTIVIDAD
10.00	PILATES	10.00	BODY PUMP	10.00	BURN	10.00	SYNRGY 360	10.00	GAP
14.15	BIKE VIRTUAL	11.00	FLEX	10.30	FLEX	10.30	CORE 360	10.30	CORE 360
		14.15	BIKE VIRTUAL	14.15	BIKE VIRTUAL	14.15	BIKE VIRTUAL	14.15	BIKE VIRTUAL
15.15	BIKE VIRTUAL	15.15	BIKE VIRTUAL	15.15	BIKE VIRTUAL	15.15	BIKE VIRTUAL		
16.15	BIKE VIRTUAL	16.15	BIKE VIRTUAL	16.15	BIKE VIRTUAL	16.15	BIKE VIRTUAL		
18.00	BIKE	18.00	PILATES	18.00	GAP	17.30	ZUMBA		
18.30	ZUMBA	19.00	ZUMBA	19.00	SYNRGY 360	18.30	FLEX		
19.30	BODY PUMP	19.30	SYNRGY 360	19.30	CORE 360	19.00	BURN		
		20.00	FLEX	19.30	ZUMBA	19.30	CORE 360		