



LUNES			MARTES			MIERCOLES			JUEVES			VIERNES		
HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA
09:00	BODY PUMP 45'	S1	09:00	BODY COMBAT 45'	S1	09:00	BIKE	SB	09:00	CORE	SF	09:00	BODY PUMP 45'	S1
							09:30			SYNRGY			SF	
10:00	PILATES	S1	10:00	YOGA	S1	10:00	PILATES	S1	10:00	YOGA	S1	10:00	CORE	SF
11:00	BIKE VIRTUAL	SB				11:00	BIKE VIRTUAL	SB				11:00	BIKE VIRTUAL	SB
17:30	PILATES	S1	17:30	YOGA	S1	17:30	BIKE VIRTUAL	SB	17:30	YOGA	S1			
18:00	BIKE VIRTUAL	SB	18:00	BIKE	SB	18:00	PILATES	S1	18:00	BIKE VIRTUAL	SB			
18:30	GAP	S1							18:30	GAP	S1			
19:00	BODY PUMP 45'	S1	19:00	BODY COMBAT 45'	S1	19:00	BIKE	SB	19:00	BODY PUMP45'	S1			
			19:30	BIKE VIRTUAL	SB	19:30	GAP	S1						
20:00	CORE	S1	20:00	CORE	S1	20:00	BODY PUMP 45'	S1	20:00	CORE	S1			
20:00	BIKE VIRTUAL	SB							20:00	BIKE VIRTUAL	SB			