

Oferta de actividades Belaunde



LUNES			MARTES			MIERCOLES			JUEVES			VIERNES		
HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA
09:00	BIKE VIRTUAL	SALA 1	09:00	BIKE VIRTUAL	SALA 1	09:00	BIKE VIRTUAL	SALA 1	09:00	BIKE VIRTUAL	SALA 1	09:00	BIKE VIRTUAL	SALA 1
10:00	YOGA	SALA 1	10:00	PILATES	SALA 1	10:00	PILATES	SALA 1	10:00	PILATES	SALA 1	10:00	BIKE VIRTUAL	SALA 1
10:45	ZUMBA	SALA 1	10:45	FLEX	SALA 1	10:45	GAP	SALA 1	10:45	FLEX	SALA 1			
11:30	CORE 360	SALA 1	11:15	AF	SALA 1	11:15	BODY PUMP	SALA 1	11:15	GLUTE&DANCE	SALA 1	11:30	BIKE VIRTUAL	SALA 1
12:30	BIKE VIRTUAL	SALA 1	12:00	BIKE VIRTUAL	SALA 1	12:00	BIKE VIRTUAL	SALA 1	12:00	BIKE VIRTUAL	SALA 1			
18:00	BIKE VIRTUAL	SALA 1	18:00	BIKE VIRTUAL	SALA 1	18:00	BIKE VIRTUAL	SALA 1	18:00	BIKE VIRTUAL	SALA 1	18:30	BIKE VIRTUAL	SALA 1
19:00	ZUMBA	SALA 1	19:00	YOGA	SALA 1	19:00	BODY PUMP	SALA 1	19:00	ZUMBA	SALA 1			
19:45	GAP	SALA 1	19:45	GLUTE&DANCE	SALA 1	19:45	GAP	SALA 1	19:45	CORE 360	SALA 1			
20:15	BODY COMBAT	SALA 1	20:30	FLEX	SALA 1	20:15	PILATES	SALA 1	20:15	BODY COMBAT	SALA 1			