

# OFERTA DE ACTIVIDADES SUPERA 24 H GÉNOVA



LUNES			MARTES			MIÉRCOLES			JUEVES			VIERNES		
HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA
09:00	BIKE VIRTUAL	SB	09:00	CORE 360 V	S1	09:30	BIKE	SB	09:00	FLEX VIRTUAL	S1	9:30	BODY PUMP	S1
09:30	PILATES	S1	09:30	BODY PUMP	S1	10:15	CORE 360	S1	09:30	GLUTE & DANCE	S1	10:15	CORE 360	S1
10:15	GAP	S1	10:15	YOGA	S1	10:45	PILATES V	S1	10:15	PILATES	S1	10:30	BIKE VIRTUAL	SB
10:45	FLEX VIRTUAL	S1	11:00	BURN VIRTUAL	S1	10:30	BIKE VIRTUAL	SB	10:30	BIKE VIRTUAL	SB	10:45	FLEX	S1
11:30	CORE 360 V	S1	11:30	BIKE VIRTUAL	SB	11:30	GAP VIRTUAL	S1	11:30	B. PUMP V	S1	11:15	B.COMBAT V	S1
						12:00	B. PUMP V	S1						
14:30	BIKE VIRTUAL	SB	14:30	BODY PUMP V	S1	14:30	BIKE VIRTUAL	SB	14:30	B.COMBAT V	S1	14:30	BIKE VIRTUAL	SB
18:15	BIKE VIRTUAL	SB	18:15	B.COMBAT V	S1	18:00	BIKE VIRTUAL	SB	18:00	BIKE VIRTUAL	SB			
19:00	PILATES	S1	19:00	YOGA	SB	19:00	BIKE	S1	19:00	PILATES	S1			
19:45	GAP	S1	19:45	GLUTE & DANCE	S1	19:45	GAP	S1	19:45	CORE 360	S1			
20:15	BODY PUMP	S1	20:30	CORE 360 V	S1	20:00	BIKE VIRTUAL	SB	20:15	FLEX	S1			
21:00	XTREMFIT V	S1	20:45	BIKE VIRTUAL	SB	20:15	BODY PUMP	S1	20:45	BURN V	S1			
						21:00	FLEX VIRTUAL	S1						