OFERTA ACTIVIDADES A PARTIR DEL 24 abril 2023

LUNES			MARTES			MIÉRCOLES			JUEVES			VIERNES		
HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA	HORA	ACTIVIDAD	SALA
10:00	ZUMBA	S1	10:00	PILATES	S1	10:00	BIKE VIRTUAL	SB	10:00	ZUMBA	S1	10:00	BIKE VIRTUAL	SB
10:00	BIKE VIRTUAL	SB	10:00	BIKE VIRTUAL	SB	10:00	BODY PUMP 45	S1	10:00	BIKE VIRTUAL	SB	10:00	GAP	S1
												10:30	PILATES	S1
			10:45	BURN	S1	10:45	BODY COMBAT 45	S1						
11:00	BODY PUMP 45	S1	11:00	BIKE VIRTUAL	SB	11:00	BIKE VIRTUAL	SB	11:00	BIKE VIRTUAL	SB	11:00	BIKE VIRTUAL	SB
11:00	BIKE VIRTUAL	SB							11:00	BODY COMBAT 45	S1			
13:00	BIKE VIRTUAL	SB	13:00	BIKE VIRTUAL	SB	13:00	BIKE VIRTUAL	SB	13:00	BIKE VIRTUAL	SB	13:00	BIKE VIRTUAL	SB
18:00	BIKE VIRTUAL	SB	18:00	BIKE VIRTUAL	SB	18:00	BIKE VIRTUAL	SB	18:00	BIKE VIRTUAL	SB			
18:15	YOGA	S1				18:15	BODY COMBAT 45	S1	18:15	YOGA	S1			
									18:30	CORE	F1			
19:00	BIKE VIRTUAL	SB	19:00	PILATES	S1	19:00	GAP	S1	19:00	BODY PUMP 45	S1			
19:00	BODY PUMP 45	S1	19:00	BIKE VIRTUAL	SB	19:00	CORE	F2	19:00	BIKE VIRTUAL	SB			
						19:00	BIKE VIRTUAL	SB						
						19:30	BODY PUMP 45	S1						
19:45	CORE 360	S1	19:45	BODY PUMP 45	S1	19:45			19:45	GAP	S1			
20:00	BIKE VIRTUAL	SB	20:00	BIKE VIRTUAL	SB	20:00	BIKE VIRTUAL	SB	20:00	BIKE VIRTUAL	SB			
20:15	BODY COMBAT 45	S1	20:15			20:15	PILATES	S1	20:15	BODY COMBAT 45	S1			
			20:30	BURN	S1	20:30								
21:00	BIKE VIRTUAL	SB	21:00	ZUMBA	S1	21:00	BIKE VIRTUAL	SB	21:00	BIKE VIRTUAL	SB			
			21:00	BIKE VIRTUAL	SB				21:00	ZUMBA	S1			